

Woman's World

Conducted by Helene Valeau.

HELENE VALEAU'S ANSWERS.

Miss Valeau will reply to all questions asked by the feminine readers of The Intermountain Catholic. The well known character and authority of her replies need no introduction to those already familiar with her ability. Miss Valeau will take a kindly and personal interest in those who write to her, and will spare no pains in seeing that their inquiries are answered fully and carefully. Write only on one side of the paper. Address letters to Miss Helene Valeau, Intermountain Catholic.

Dear Miss Valeau:

What will remove superfluous hair? MRS. J. R. Salt Lake.

Electrolysis is performed by a competent operator, will permanently remove superfluous hair.

Dear Miss Valeau:

Please tell me some good lotion for chandruff and the hair in general.

NEIL J. Pueblo.

Have the following anti-dandruff lotion made up and rub it well into the scalp with a small sponge every night: Acetic acid, half an ounce; glycerine, two drams; carbolio acid, half a dram; elder flower water, three ounces; rose water, six ounces. If persevered with, this will completely eradicate the dandruff and remedy the irritation of the scalp and be very soothing and refreshing in its effects. When the dandruff has completely disappeared, you may substitute for the above lotion this simple preparation: Sulphate of quinine, twelve grains; vinegar of cartharides, one ounce; rectified spirit of wine, six drams; glycerine, two drams; rose water, four ounces; orange flower water, four ounces.

Dear Miss Valeau:

What do you think of white vaseline for the skin? Will it produce fairer? Does using grease for the skin increase one's flesh?

MRS. J. W. Ogden.

White vaseline, as it is a grease that never under any condition undergoes putrefaction, forms the best basis for many unguents. The trouble with vaseline is that it tends to produce a growth of hair, and consequently one should be careful about applying it to the face in any amount or frequency. Some abstain from using grease with message, for fear of increasing their flesh, but the small amount used ordinarily will not increase the flesh. Those that are thin and desire added weight, vaseline can gain it by using some good cold cream in large quantities, applying all that the skin will absorb. Vegetable fats, such as almond oil and olive oil, are the safest to use to avoid growth of hair. Most of the cold creams are made of either one or the other of these oils. The addition of camphor to such preparations prevents the growth of hair. If it is not added to the cold cream itself, it can be added independently. In many instances it is very beneficial to the skin, whitening it, giving it tone and preventing the growth of hair.

Dear Miss Valeau:

What will remove midrow stains? C. N. PARK, CHY.

Midrow stains may easily be removed by wetting and soaping the spot, covering it with powdered chalk and then putting it in the sun to bleach. Damp it from time to time as it dries, and then wash it in the usual manner with soap and water. If necessary, repeat the process.

Dear Miss Valeau:

What will remedy enlarged pores? Give me recipe for a good hair tonic.

M. W. Salt Lake.

Put a little alcohol on your wash cloth or sponge and rub it over your face just after washing it. If persisted in this will help close the enlarged pores of the skin. The following lotion will, I think, do your hair good: Tincture of cantharides, one ounce; oil of lavender, half a dram; oil of rosemary, half a dram; oil of clove, eight ounces. This is prepared from a prescription of the late Sir Erasmus Wilson, and if you use it regularly every other night for a few weeks your hair will be strengthened and the fall will be arrested. To keep off dandruff, it is quite the worst thing that you can do. You must spend a short time every night on this most important detail of the toilet. Your hair brushes should always be kept most scrupulously clean, even at the risk of spoiling them. You should wash them once a week with hot water and ammonia. If you rinse them in cold water and dry them quickly they will not be at all soft.

Women and the Proverbs.

A wonderful similarity exists in the saying about women current in the various nations.

The Spanish rhyme has it: "Were a woman as little as a sparrow, a peep would make her a gown and a hood."

An old English saying: "If a man lose a woman and a farthing, he will be sorry he lost the farthing."

The French saying: "A man of sense is worth a woman of gold."

The German: "There are only two good women in the world—one dead and the other can't be had."

The Scotch say: "Honest men marry soon; wise men never."

To life they say: "The next best thing to no wife is a good wife."

The Arabian declares: "Words are women's deeds are men."

The Persian says that a woman's wisdom is under her heel.

The German affirms that every daughter of Eve would rather be beautiful than good.

The Persians assert that women are dragons and are best out of the world.

Diagnosing Judith's Case.

Whenever Mrs. Peck's family showed even the faintest sign of ailing she always went west here for the family doctor, who, fortunately for all concerned, lived within the same block that contained his most anxious patient. One night Mrs. Peck's small Judith, whose appetite was usually in excellent working order, refused to eat her supper. Mrs. Peck's motherly fears were instantly aroused. There was certainly something wrong with Judith.

The child had recently been successfully vaccinated, and was, in consequence, living in hourly terror of undergoing a second vaccinating experience, so Mrs. Peck considered it expedient to smuggle the doctor into the house without forwarding the little girl.

"Well," said Doctor Brown, capturing the small patient and seating her on his knee. "I hear you didn't eat any supper. What's the trouble?"

"Couldn't," replied Judith.

"Why not?"

"Don't know—just couldn't."

"Have you a pain anywhere? Does your head ache? Is your throat sore? No? Then let me see your tongue. Hmm—nothing the matter with that tongue. Had anything to eat since noon?"

"Yes," said Judith, brightening at the remembrance.

"What, for example?"

"Well," admitted the patient, "I stopped at Kittle Page's after school. Her mother was having a party, and Kittle and I ate all the ice cream and cake there was left. Then I went to the church fair with Kittle, and they gave us doughnuts. After that we met Flossie Blake going with her uncle for hot chocolate, and we had that, and some nice little wafles besides. Then I went home with Flossie and ate five of the waffles that their cook was making for supper. I guess that's all, except the banana that grandma gave me."

Girls Should Know.

That the home kitchen, with mother for teacher and a loving, willing daughter for a pupil, is the best cooking school on earth.

That "the most excellent thing in woman"—a long voice—can be acquired only by home practice.

That true beauty of face is possible only where there is beauty of soul manifested in a beautiful character.

That the girl everywhere who is not affected, and never whines; but is just her shrewd, earnest, helpful self.

And, finally, that one of the most beautiful things on earth is a pure, modest, true young girl—one who is her father's pride, her mother's comfort, her brother's inspiration and her sister's ideal—which all should try to be.

Mrs. Bailou's Views on the Marriage Question.

Money cannot buy happiness.

It is a mistake for young girls to marry old millionaires. The men worship the young women the women worship the money.

Old-fashioned marriages are the best. Cause for much immorality today is due to the selfish neglect by mothers of their daughters. Many mothers are jealous of a daughter's popularity, and often, unconsciously, are indirectly responsible for their daughter's downfall.

American girls have too much freedom; it would be better if the old-fashioned custom of chaperoning girls still they are married came back into vogue.

Our social system is wrong. God never intended woman to neglect the duties of motherhood to become their brother's competitor in the business world.

Women have set up a false ambition. It is better to rule in your home than try to rule in the business world.

Men admire brains and personal attractiveness in woman.

Love is only a fallacy of by romantic school girls and old-fashioned women. The up-to-date woman knows there is no such thing as love.

Clothes are demoralizing for women. A well-meaning man stands by his claim in the matrimonial market today in competition with our millionaires who can buy our girls' clothes.

Don't trust a man who wears silk stockings and is never particular in his dress; he has no character.

The Happy Mother.

Two small, bright eyes, two little hands, two feet—

A voice that croons so lustily: These were the gifts, flung from God's pure, white hand.

That made crown of Motherhood complete.

Outside the walls of that lone stable dream

The lambskins watched, so dearly.

The shepherd's prayer stole o'er the empty fold—

"Be still, and hear! you Babe will quell thy fear!"

The moon passed by so silently and

He bowed his head so wearily.

To catch the music of that lullaby—

So sweet it was, and he was loth to go.

The stars stole in and kissed that little face:

The winds sang—O, so cheerily:

A mother-heart was filled with ecstasy—

It built its heaven in that lowly place.

And Mary took the opening rose, so still.

To her warm breast gird, tenderly:

Love was too sweet—she did not feel the thorn

So soon to string her heart on Calvary's hill.

—William J. Fischer.

Things Worth Remembering.

Tablecloths should be ironed on both sides.

A brass bed should be cleaned with a piece of soft flannel or an old silk handkerchief.

Old China flannel makes excellent cleaning cloths.

The universal bedroom rug now is of cotton, so that it can be washed.

With a figured wall, curtains that are plain in effect are necessary.

One of the most appetizing ways of serving left-over meat and fowl is in the form of pie.

Tea leaves moistened with vinegar will remove the discolorations from flower vases.

Glass appointments are the thing for modern bathrooms. They are easily kept clean and have another advantage that they will not rust.

Cooking soda is excellent for cleansing purposes around the kitchen sink.

There were More.

A stout little woman on an East Washington street car looked anxiously around for seats for the children who were with her. Two of the older girls had babies in their arms, according to the Indianapolis Star. People on the car did not know whether it was an orphan's home picnic or a Sunday school convention.

"Beg pardon, lady," said the conductor, "but you have given me only eight tickets."

"Didn't know you charged for babies in arms," said the little woman, as she kept her eye on all members of her party.

"But there are nine without them," said the conductor, apologetically. Perhaps he really thought the woman had only eight tickets.

Decent.

"Sister Henderson," said Deacon Hy-pers, "you should avoid even the appearance of evil."

"Why, Deacon, what do you mean?" asked Sister Henderson.

"I observe that on your sideboard you have several cutlery deacons, and that each of them is half filled with what appears to be ardent spirits."

"Well, now, Deacon, it isn't anything of the kind. The bottles look so pretty on the sideboard that I just filled them half way with some floor stain and furniture polish, just for appearances."

"That's why I am cautioning you, sister," replied the Deacon. "Feeling a trifle weak and faint, I helped myself to a dose from the big bottle in the middle."

A Puzzling Question.

"Amble, do cannibals go to heaven?" "No, dear."

"Do missionaries?" "Yes, dear."

"But, amble, supposing a cannibal eats a missionary?"

Astonished Jane.

The new cook was helping her mistress to prepare dinner. All went well until the macaroni for the pudding was brought out. The cook gazed with surprise as she beheld the long, white sticks. But when they were carefully placed in water she gave a choking gasp.

"Did you say, missus," she said, in an awed voice, "that you are going to make puddin' out of that?"

"Yes, Jane," was the reply. "That is what I intend to do. Have you never seen macaroni cooked before?"

"No, missus, answered the cook. "I ain't. The last place I was at we all ways used them things to light the fire with."

Good Advice.

Catholic societies should take great care in the selection of their officers. Likewise in the reception of new members. It is evident that an officer of a Catholic society should be a practical Catholic; otherwise the society cannot keep in touch with the true Catholic spirit—Church calendar.

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